



<b>Job Title</b>	Physiotherapist	<b>Job Description Date</b>	October 2025
<b>Department/Team</b>	Health & Wellbeing	<b>Reports to</b>	Therapies Manager
<b>Context</b>			
<p>Founded in 1682, the Royal Hospital Chelsea is a retirement community for around 300 army veterans, known as the Chelsea Pensioners, drawn from every corner of the United Kingdom. Based in the heart of London, it is a special place defined by community and service.</p> <p>We are looking for people who enjoy working with others and take pride in making a positive difference. You will lead by example and help create a welcoming, inclusive environment for everyone who lives and works here. Our values guide everything we do:</p> <ul style="list-style-type: none"> <li>• <b>Nurture Belonging</b> – bringing people together through comradeship</li> <li>• <b>Respect Individuals</b> – listening carefully and responding with care</li> <li>• <b>Encourage Pride</b> – doing things well and to a high standard</li> <li>• <b>Enjoy Life</b> – sharing warmth, positivity, and the occasional smile</li> </ul> <p>As a charity that relies on the generosity of others to support those who live here, every role at the Royal Hospital Chelsea matters. Whatever your position, you will help deliver our vision and contribute to a place people are proud to be part of.</p>			
<b>Role Purpose:</b>			
<p>To provide a highly skilled level of Physiotherapy services to the RHC as an autonomous practitioner whilst observing and following the HCPC standards of professional conduct, performance and Ethics and the CSP code of professional values and behaviour and the RHC policies and values.</p> <p>The post holder will be responsible for their own caseload within their speciality area as an autonomous practitioner. In doing so, they will assess, plan, deliver and evaluate patient centred programmes of care to a specialist level ensuring that they practice within their sphere of competence and knowledge.</p>			
<b>Principal Accountabilities: 9-13 outcomes</b>			
<b>Principal Tasks</b>			
<ul style="list-style-type: none"> <li>• To manage and be responsible for the physiotherapy caseload of the RHC Pensioners as required, including prioritisation as indicated. This includes: Supervision of pensioners using the gym, assessment and setting of exercises programmes, assessment and treatment of patients with MSK problems.</li> <li>• To undertake comprehensive assessments of pensioners with physical impairment or functional disabilities or who are newly admitted to the RHC utilising both standardised and non-standardised assessment tools; continuously re-assess pensioners for changing needs and goals.</li> <li>• To provide relevant education to patients/pensioners, family and staff as appropriate to ensure high quality care.</li> <li>• To work in close collaboration with all members of the multi-disciplinary team and communicate with relevant members of the MDT re referrals/treatment plans/pensioner progress/education and discharge.</li> <li>• To provide specialist advice from the area of expertise to MDT meetings to inform clinical decision-making.</li> <li>• To assess and manage clinical risk factors with individual pensioners as indicated</li> <li>• To ensure consent to treatment is gained before each intervention and maintain resident's privacy, dignity and choice at all times.</li> </ul>			



- To collate appropriate statistical data in accordance with departmental procedure and to produce reports as requested to capture performance targets and clinical governance.
- To maintain own CPD and identify educational opportunities and needs annually as part of the appraisal process, ensuring relevant information is collected from CPD training including self-reflections and supervisions and that all mandatory training is completed.
- To escalate any concerns or safeguarding issues to the line manager or senior staff member as appropriate.

### **Leadership expectations**

#### **The role holder is expected:**

- To demonstrate clinical leadership, initiative and creativity in developing projects inspiring others to be positive in their contribution to continuous improvement including health promotion activities for the in-pensioners, collaborating where necessary with RHC or external health professionals, to encourage health and well-being.
- To be legally accountable for all aspects of own working including assessment, management of patients, equipment provision and documentation.
- To develop working relationships across agencies to include NHS and Local Authorities therapy providers as appropriate. To critically review/audit current Physiotherapy services and seek to identify opportunities to improve the service by providing the best patient care, within the resources available.
- To assess and action tasks relevant to the delivery of the Physiotherapy service on a daily basis.
- To initiate service development and be innovative and proactive, working alongside the MTI management team.
- To attend and contribute to any additional internal or external meetings representing therapy and the therapy team as required.
- To critically review/audit current physiotherapy services and seek to identify opportunities to improve the service by providing the best patient care, with the resources available and with the support of the therapy management team.

### **Skills Knowledge and Experience**

#### **Essential Skills**

- Recognised leadership skill set.
- Sound clinical reasoning and treatment planning within your scope of practice.
- Provision of skilled patient centred intervention to meet the identified treatment goals and use established outcome measures to measure effectiveness of intervention.
- To demonstrate evidence-based practice by implementing current and up to date research, philosophies, equipment and modalities
- Maintain documentation in accordance with professional standards of practice and local policy
- Ability to engage and motivate pensioners to take part in physiotherapy activities.
- To maintain up to date and evidence-based CPD.
- Remain professionally registered by HCPC and physiotherapy professional body CSP
- Demonstrate resilience when responding to challenge, change and complex or difficult situations



### **Knowledge and Experience**

- Experience in working with the elderly.
- Experience of working with a variety of clinical conditions.
- Ability to identify unmet needs of the service user and refer on as appropriate to other members of the multi-disciplinary team.

### **Competencies**

- Skills to ensure safe moving and handling of people.
- Intermediate IT skills

### **Qualifications:**

Degree (or equivalent qualification) in Physiotherapy.  
Fully registered with the HCPC and CSP

Note: All RHC employees are expected to be flexible in undertaking the duties and responsibilities for their role and may be asked to perform other duties, which reasonably correspond to the general character of their role and their level of responsibility.